

NSU Lunch Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

| Monday, May 6 | Tuesday, May 7 | Wednesday, May 8 | Thursday, May 9 | Friday, May 10 |
|---|--|---|---|--|
| Orange Chicken 38.4g, Brown Rice 35g Kyoto Veg 9.3 Pineapple 16.6g | Pizza See List Baby Carrots 5.8g Strawberries 13.4g | Nashville hot 0.6g Wedges 15.2g WW Roll 25.5g Mixed fruit 17.8g Side Salad 1.8g | Hamburger 28g Cheeseburger 29g Tots 14.1g Grapes 7.9g | Chicken Fried Steak 14g Mashed Potatoes 18.2g/gravy 7.7g WW Roll 25.5g Baked Beans 36.2g Pears 18.9g |
| Monday, May 13 | Tuesday, May 14 | Wednesday, May 15 | Thursday, May 16 | Friday, May 17 |
| Cherry Blossom Chicken 41.7g, Oriental veg 2.7g Brown Rice 35g Mandarin oranges 20.1g | Pizza See List Side Salad 1.8g Diced Pears 18.9g | Walking nachos 32.1g Black beans 22.6g Blueberries 17.6g | Beef fingers 16g Mashed Potatoes 18.2g/gravy 5.9g WW Roll 25.5g Applesauce 15g | Chef choice Carrots 8.7g Banana 27g |
| Monday, May 20 | Tuesday, May 21 | | | |
| Teriyaki Chicken 40.1g Brown Rice 35g Stir Fry Veg 5.3h Mandarin oranges 20.1g | Pizza See List Baby Carrots 5.8g Strawberries 13.4g | | | |
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Daily Meals

- A variety of seasonal fruits and veggies are served daily. Apples, salad, baby carrots, and broccoli are offered most days.
- Students must choose 3 food groups, one being fruit or veggie to qualify for reimbursable meals per federal guidelines.
- Carb Counts are listed in [blue](#).
- Menus are subject to change without notice due to item availability and utilization at each school site.

This institution is an equal opportunity provider and employer