BAFA Menu

Menus subject to change / Students must select a fruit or vegetable to have a complete meal according to federal guidelines Students must take a fruit or vegetable to have a qualifying meal

Monday, April 1	Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5
Cici's Pizza-see list	Cici's Pizza-see list	Cici's Pizza- <u>see list</u>	Cici's Pizza- <u>see list</u>	
Teriyaki Chicken 28g brown rice 35g Kyoto veg 9.3g	Honey Sriracha chicken 34g brown rice 35g Oriental veg 2.7g	Orange Chicken 38.4g, Brown Rice 35g Stir Fry Veg 5.3g	General Tso Chicken 36.5g, Brown Rice 35g Midori veg. 9.4g	No School
Chicken Wings 1.7g Hot Roll 25.5g Fresh carrots and celery	Pizza Crunchers 41.9g	Burrito 23.4g Churro Beans 28g	Mac & Cheese 26.5g Cowboy Bread 28.9g Broccoli 4.4g	
Pretzel Burger 30g Spiral Fries 16.9g	Turkey Ranch Wrap 58g Cowboy caviar 39.7g	Popcorn chicken 15g fries 20.2g WW Roll 25.5g	Hot Dog 31g Waffle Fries 22.5g	
Pineapple 16.6g	Pears 18.9g	Mandarin Oranges 20.1g	Applesauce 15g	

Daily selections available w, baby carrots, green salad, beans, and seasonal vegetables. Carb counts are listed in blue by the food item.

Broken Arrow Public Schools is an equal opportunity provider and employer.