

ECC Lunch Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

Monday, Feb 26 th	Tuesday, Feb 27 th	Wednesday, Feb 28 th	Thursday, Feb 29 th	Friday, March 1 nd
Hop on Popcorn Chicken 15g Mish mash 11g with a splash of gravy 3.3g Toot your horn corn 21.3g Roll 14g Peaches 18.1g	One fish two fish 23g Truffula trees 4.3g Cat in the hat crinkles 14g Orange lorax 10.6g Roll 14g	Wocket in my pizza 29.3g Vroom Vroom carrots 8.7g Who Fruit 11.7g	Go Do go hotdog on a roll 31g Bar-ba-loots beans 36.2g Pink Yink Ink 19g Pineapple 16.6g	Virtual Day
Monday, March 4 th	Tuesday, March 5 th	Wednesday, March 6 th	Thursday, March 7 th	Friday, March 8 th
Hot Dog 31g Broccoli 4.3g Peaches 18.2g	Beef fingers 16g , mashed potatoes 11g , gravy 7.7g , hot roll 14g , Baked Beans 36.2g Pineapple 16.6g	Pizza See List , green beans 5g Pears 19g	Bento Box 62.5g	Chicken nuggets 16.3g crinkle fries 15.9g Roll 14g Corn 21.3g Mixed Fruit 17.8g
Monday, March 11 th	Tuesday, March 12 th	Wednesday, March 13 th	Thursday, March 14 th	Friday, March 15 th
Cheese nachos 24.3g Taco meat 6.4g Black beans 22.6g Mandarin oranges 20.1g	Hamburger 28g Green Beans 4.9g applesauce 15g	Pizza See List Carrots 8.7g Pears 19g	Spaghetti 34g & sauce 7.8g , garlic bread 15.6g Roasted broccoli 7.6g Peaches 18.2g	No School
Monday, March 18 th	Tuesday, March 19 th	Wednesday, March 20 th	Thursday, March 21 th	Friday, March 23 th
No School	No School	No School	No School	No School
Monday, March 25 th	Tuesday, March 26 th	Wednesday, March 27 th	Thursday, March 28 th	Friday, March 29 th
Chicken & cheese quesadilla 32g , black beans 22.6g Mixed fruit 17.8g	Hamburger 28g Crinkle fries 15.9g Green beans 4.9g applesauce 14.9g	Pizza See List , Carrots 8.7g Pineapple 16.6g	Mac & Cheese 26.5g , Cowboy Bread 29g , Peaches 18.1g broccoli 4.4g	Chicken nuggets 16.3g wedges 7.5g Roll 14g Peas 6.2g Fresh Fruit

This institution is an equal opportunity provider and employer

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Daily Meals

- A variety of seasonal fruits and veggies are served daily. Apples, salad, baby carrots, and broccoli are offered most days.
- Students must choose 3 food groups, one being fruit or veggie to qualify for reimbursable meals per federal guidelines.
- Carb Counts are listed in [blue](#).
- Menus are subject to change without notice due to item availability and utilization at each school site.