## ECC Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

Monday, April 1

Wednesday, April 2

Wednesday, April 3

Thursday, April 4

Friday, April 5

Monday, April 1	Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5
Mini Loaf 27g String Cheese 1g Pears 18.9g	Breakfast Pizza 27g Applesauce 15g	Pancake bite 25.3g PB cups7.8g Pears 19g	French Toast Sticks PB cups7.8g Peaches 18.2g	Virtual Day
Monday, April 8	Tuesday, April 9	Wednesday, April 10	Thursday, April 11	Friday, April 12
No School	Super Donut 23g String Cheese 1g Mixed fruit 17.8g	Breakfast Burrito 15.6g Peaches 18.1g	Yogurt 19.5g Toast 15.5g Strawberries 6.7g	Scrambled Eggs 1.8g Toast 15.5g Pears 18.9g
Monday, April 15	Tuesday, April 16	Wednesday, April 17	Thursday, April 18	Friday, April 19
Mini Loaf 27g String Cheese 1g Mandarin Oranges 20.1g	Waffles 37.3g PB cups7.8g Applesauce 15g	Pancake bite 25.3g PB cups7.8g Peaches 18.2g	Chef Choice Pineapple 16.6g	Sausage & egg scramble 1.6g Toast 15.5g Mandarin Oranges 20.1g
Monday, April 22	Tuesday, April 23	Wednesday, April 24	Thursday, April 25	Friday, April 26
Chicken waffle chunks 13g Applesauce 15g	Super Donut 23g String Cheese 1g Pears 19g	Breakfast Burrito 15.6g Peaches 18.1g	Yogurt 19.5g Toast 15.5g Strawberries 6.7g	Scrambled Eggs 1.8g Toast 15.5g Mandarin Oranges 20.1g
Monday, April 29	Tuesday, April 30	Wednesday, May 1	Thursday, May 2	Friday, May 3
Mini Loaf 27g String Cheese 1g Mixed fruit 17.8g	Breakfast Pizza 27g Applesauce 15g	Pancake bite 25.3g PB cups7.8g Pears 19g	French Toast Sticks PB cups7.8g Peaches 18.2g	No School

## Daily Meals

- A variety of seasonal fruits and veggies are served daily. Apples, salad, baby carrots, and broccoli are offered most days.
- Students must choose 3 food groups, one being fruit or veggie to qualify for reimbursable meals per federal guidelines.
- Carb Counts are listed in blue.

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■ Menus are subject to change without notice due to item availability and utilization at each school site.					

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