

COVID Procedures

- Menus subject to change without notice due to item availability and utilization at each school site.
- Virtual students and/or their parents may pick up a meal daily at any school site. Students will be provided both breakfast and lunch.
- Meals will be offered on virtual days at each school site from 12-1.
- Student ID is required to receive meals.
- Please use the following link for the free and reduce application.

<https://www.baschools.org/vnews/display.v/ART/5d66d38dc50b4>

The Child Nutrition Department plays a critical role in establishing a healthy school nutrition environment for the promotion of optimum health. Our Child Nutrition employees follows essential worker protocols set by the CDC.

Daily Meals

- A variety of seasonal fruits and veggies offered daily.
- Student must choose 3 food groups, one being fruit or veggie to qualify for reimbursable meal per federal guidelines.
- Carb Counts are listed in red.

March 2021

Monday, March 1st	Tuesday, March 2nd	Wednesday, March 3rd	Thursday, March 4th	Friday, March 5th
1.Chicken Nuggets 16w / Whole Wheat Roll 22 2.Hamburger 25 / Cheeseburger 26 3.Chef Choice Potato Wedges 7 Grapes 8	1.Grilled Chicken Sand- wich 27 2.Cici's Pizza 3. Stuffed Cheese stick 34 w/ marinara 6 Orange Smiles 11 Tater Tots 14	1.Hamburger 25 w/ potato wedges 15 2.Chili Cheese Fries 23 w/ Roll 25 3. Chicken 16 &Waffles 16 Strawberries 13 Green Beans 5	1.Hot Dog 26 w/ seasoned fries 20 2. Mac & Cheese 26 Cowboy Bread 29 3. Hot ham and Cheese sandwich 26 Broccoli 4	1.Turkey 1 w/ mashed potatoes 18 & Gravy 3 , Roll 22 2. Chicken Quesadilla 34 3.Popcorn Chicken 16 w/ Whole Wheat Roll 22 & Potato Wedges 15 Diced Pears 19 Glazed Carrots 22
Monday, March 8th	Tuesday, March 9th	Wednesday, March 10th	Thursday, March 11th	Friday, March 12th
1.Grilled Cheese 32 w/ Tomato Soup 20 2. Chicken Fried Steak sandwich 43 3. Crispy Tacos 23 w/ Mexican Rice 21 Beans, Black 22	1. Chicken Drumstick 2 2.Salisbury Steak 4 Blueberry Squares 30 3.Pretzle Burger 29 w/ fries 15 Mashed Potatoes 11 White Gravy 6	1.Hamburger 25 w/ Waffle Fries 20 2.Loaded Potatoes 65w / WW Rolls 22 3.Teriyaki Chicken 14 & Rice 17 Mixed Fruit 17 Zucchini 3	1. Turkey Ranch Wrap 29 Tortilla Chips 20 2. Super Nachos w/ Mexican Rice 21 3.Cheesburger Meatloaf w/ curly fries Cauliflower 2	1.Chicken Parmesan 16 w/ spaghetti 32 2.Chicken Tenders 16w / seasoned Fries 20 Roll 3.Grilled Cheese 32 Grapes 8 Cherry Tomatoes
Monday, March 15th	Tuesday, March 16th	Wednesday, March 17th	Thursday, March 18th	Friday, March 19th
				
Monday, March 22nd	Tuesday, March 23rd	Wednesday, March 24th	Thursday, March 25th	Friday, March 26th
1. Meatball Sub 33 2. Orange Chicken 18 w/ Brown Rice 17 Steamed Veggies 4 3. Pork Chop w/ Roll 22 Pineapple 16 Milk See list	1. Beef Fingers 16 W/ WW Roll 22 & Mashed Pota- toes 11 White Gravy 6 2.Chicken Nuggets 15 w/ fries 15 3. Hot Dog w/ Fries Glazed Carrots 22	1.Hamburger 25 / Cheeseburger 26w / baked fries 15 2. Stuffed Cheese Stick 34 w/ Marina 6 3. Yogurt Parfait 65 Strawberries 13	1.Spaghetti w/Italian sau- sage 40 w/ Garlic Toast 14 2. Chicken Filet Sandwich 38 w/ fries 15 3.Chef choice Green Beans 5	1.Popcorn Chicken 15 WW Roll 22 & Fries 18 2.Cheese Quesadilla 32 Salsa 2 3.Chicken salad Sandwich 36 Beans, Black 22
Monday, March 29th	Tuesday, March 30th	Wednesday, March 31st	Thursday, April 1st	Friday, April 2nd
1.Pizza Crunchers 41 2.Taco Salad 23 3.Teriyaki Chicken 14 w/ Rice 17 and stir fry veg- gies 4 Zucchini 2 Orange Smiles 11	1.Corndog Nuggets 33 w/ Tater Tots 14 2.Soft Tacos 40 w/ Mexi- can Rice 21 3.Chicken tenders 17 w/ seasoned fries 20 vegetarian beans 24	1. Walking Nachos 33 2. Chicken Filet Sandwich 38 Roasted Potatoes 24 3.Turkey Club Wrap 25 Peaches 18 Chef choice Veggie	Virtual Day Meal Pickup up 12-1 Grab and Go	

Broken Arrow Public Schools is an equal opportunity provider and employer.
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