

Centennial News!

2018-19: 1st Quarter

Hello Centennial Parents!

I hope your 2018-19 school year is off to a wonderful start! As we settle into the year, I want to use this newsletter to share information that will be helpful to you. It is a privilege to work with you and your student at Centennial. I look forward to a fantastic school year!

~Kristin Graves
Principal

Quarterly Coffee with the Principal

WHEN

Tuesday, Oct. 2nd, 7:45 am

WHERE

CMS Media Center

MORE INFORMATION

I would love for parents/guardians to join me for coffee and breakfast treats! I will share updates about what's going on at Centennial and answer any questions you may have. Please click the link to RSVP if you would like to attend.

<https://goo.gl/forms/CPfrSWDZoaga5sQr2>

Parent-Teacher Conferences!

Parent/Teacher conferences are scheduled for Thursday, October 11th and Tuesday, October 16th from 3:45 to 7:15 pm. They take 15 minutes. In the next few days, teachers will be contacting you to make appointments. We encourage you to meet with your child's teachers. Thank you!



Las conferencias de Padres de familia con los maestros de sus hijos están programadas para los días Jueves 11 y Martes 16 de Octubre de las 3:45 a las 7:15 pm. Las citas solo toman 15 minutos. En los próximos días los maestros de cada materia los estarán contactando para programar las citas. Los animamos a que se reúnan con los maestros de sus hijos. Muchas gracias!



Homecoming Week Fun!

Homecoming week is just a few weeks away! We will celebrate homecoming with some fun dress up days!!

Monday, October 1st - Crazy Sock Day

Tuesday, October 2nd - Twin Day

Wednesday, October 3rd - Reverse Day (students dress like teachers/teachers like students)

Thursday, October 4th - Dress like your favorite TV/movie character

Friday, October 5th - Spirit Day

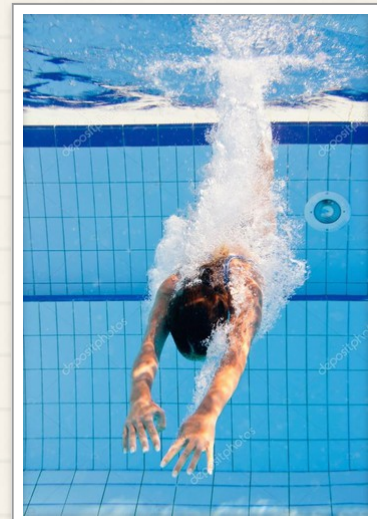
All attire must adhere to student dress code.

We will have our Fall Pep Assembly on Thursday, October 4th during 1st hour.

Middle School 101

Tip #1: Diving In!

Imagine you are learning how to swim in a pool with only two options. On one end, the water is incredibly shallow, reaching only your knees. On the other end, the water is 12-feet deep. No matter which end you go to, it's going to be tough to learn! In the deep end, you will likely find yourself in the "danger zone," where you are too focused on keeping your head above water to focus on learning to swim. But, the shallow end presents a problem too. There you will likely be in a "comfort zone," where you never face enough of a challenge to allow you learn either.



The optimal zone for learning is a zone of risk. In the pool, that's just deep enough to present a challenge without being too deep to cause panic. This analogy applies perfectly to middle school! Our goal each day is to balance keeping our students safe with providing enough challenge for our students to grow mentally, emotionally, and socially

As a parent/guardian or as an educator, it can be highly tempting to solve problems for our students. After all, at the middle school level, students definitely still need our guidance!

However, as we support our students in their growth, it is critical that we find opportunities to let our students develop resilience by coping with challenges with some independence and offering our encouragement along the way. This resilience will have a significant impact on their success both now and in the future!

Tip #2: Learning to Grow!

Middle school brings many new challenges for students when it comes to academic performance too as students must adjust to having multiple teachers with different teaching styles and expectations. For many students, keeping all of this organized can be a challenge. The upside? It creates an opportunity for students to learn to adapt!



How can you help?

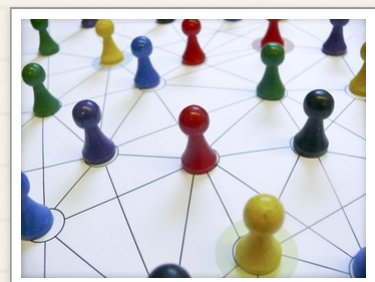
- Help your student be at school (and on time) every day! Attendance is one of the biggest predictors of student academic success.
- Stay up to date on what is happening in class. Many of our CMS teachers have websites or use tools like Remind101 to keep you in the loop. Additionally, as our district moves to using Canvas as a tool for instruction, parents can "pair" with their student to take a look inside what is happening in a class.
- Ask your student specific questions about what is happening in class ... that conversation helps reinforce your student's learning in incredibly powerful ways!

Need to know about Canvas? Find everything you need by going here:

<http://www.baschools.org/vnews/display.v/SEC/Student%20Monitoring-HAC/Canvas>

Tip #3: Plugging In!

One of the best things you can do for your middle school student is help them find an activity to engage in at school. Engagement is another key element of success, which is why it is one of the core parts of Broken Arrow's Literacy, Engagement, and Graduation mantra.



For some students, engagement might look like participation in fine arts or athletics, while others may be interested in different activities. Fortunately, Centennial offers a wide variety of amazing opportunities!

*Student Council (Ms. Zuvanich)

*National Junior Honor Society (Ms. Shrier)

*Academic Team (Mr. Fletcher)

*Math Counts (Ms. Palmer)

- *Science Olympiad (Ms. Gilbert)
- *Botball (Mr. Deem)
- *Technology Student Association (Ms. Bolding)
- *Broadcasting Class (Mr. Ennis)
- *Yearbook (Ms. Ingle)
- *Art Club (Ms. Cunningham)
- *GCMT - Games, Comics, Movies, Trading Cards (Mr. Ramsay)
- *SADD - Students Against Destructive Decisions (Ms. Jackson)



Mrs. Graves, Principal

I love to hear from you!

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