



## **SECTION IV: STUDENTS**

## **POLICY 4390**

### STUDENT TRAINERS FOR INTERSCHOLASTIC ATHLETIC PROGRAMS

Care and treatment of student athletes through preventative measures, treatment of injuries, and rehabilitation shall be conducted under the direct supervision of the certificated teaching/coaching staff, adult certified athletic trainer, or physician. Assistance in care and treatment may be provided by approved student trainers in situations directly supervised by adult certificated staff, and in accordance with administrative guidelines and policy.

The fundamental role of the adult certified athletic trainer is to be a liaison between the athlete and coach, the athlete and physician, and the physician and coach. The trainer has important record-keeping responsibilities, including preparation evaluation, daily injury log, treatments given and equipment used. The trainer may also be responsible for maintenance of equipment.

Student trainers have a major responsibility for maintenance of equipment, designated record-keeping, and serving as a liaison between athlete and coach. Assistance by student trainers in preventive, injury treatment, or rehabilitation activities shall be conducted only under the direct supervision of certificated adult staff.

Student trainers who are involved in preventive, injury treatment, or rehabilitation programs shall be required to successfully complete a prescribed training program before being permitted to assist in those programs. The content of the training program shall be developed by the Athletic Director, who shall arrange for instructors and coordinate the training program for student trainers.

Activities or programs which involve physically administering assistance by student trainers to student athletes of the opposite sex (gender) are authorized only when conducted with direct physical presence and observed supervision of certificated teacher/coach, adult certified trainer, or physician, in order to insure that student trainers are properly performing the needed care and treatment of student athletes.

Student trainers may be permitted to be present in dressing rooms, training rooms, or other restricted facilities of athletes of opposite sex (gender) only during a time when all student athletes in the room are dressed in outer garments and when a certificated adult staff member is present in the room. Student trainers will not be permitted to be present in dressing rooms, training rooms or other restricted space during a time when persons of the opposite sex (gender) are showering or dressing.

Participation of both male and female students in the district's interscholastic athletics program, including support student trainer programs, is encouraged. Programs will be provided which will insure comparable activities for both male and female students.

In order for a student to participate in an interscholastic athletic program, including support programs, the student must have the written consent of parents or guardian, must be physically fit for the particular sport or program, and must meet scholastic requirements set by the Oklahoma State Secondary Schools Activities Association.



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Source:

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