

BAHS CAFÉ & STUDENT UNION WEEK May 6 – 10th

	Monday, May 6	Tuesday, May 7	Wednesday, May 8	Thursday, May 9	Friday, May 10
O N A B U N	Spicy chicken sandwich 42g Tots 14.1g Broccoli 8g	Chicken Filet 44g Deli fries 24.7g Carrots 8.8g	Hamburger 28g or Cheeseburger 29g Waffle fries 22.5g	BBQ Cheeseburger 13.2g Wedges 15.2g	Chicken LT 39.8g Crinkle fries 15.4g
S E R R A N O	Burrito/Nacho Bar -see list	Walking Nachos -see list	Burrito/Nacho Bar -see list	Burrito/Nacho Bar -see list	Burrito/Nacho Bar -see list
L O C A L	Salisbury steak 4.1g Mashed Potatoes 18.2g / brown gravy 7.7g Blueberry Square 30.4g Broccoli 8g	Walking Nachos -see list	Birria Tacos 30.7g Black bean and corn salsa 29g	Chicken parm 24.5g Spaghetti 42.9g Garlic toast 26.3g Side salad 1.8g	Chicken Fried Steak 14g Mashed Potatoes 18.2g gravy 5.9g WW Roll 25.5g Green Beans 4.9g
C O O P	Spicy chicken 6.1g Tots 14.1g Roll 25.5g Broccoli 8g	Chicken Tenders 16.1g Hot roll 25.5g Deli fries 25g Carrots 8.8g	Popcorn chicken 15g Waffle fries 22.5g WW Roll 25.5g	Chicken Chunk 15g Roll 25.5g Wedges 15.2g	Chef choice Crinkle fries 15.4g
T R A T T O R I A	Cici's Pizza -see list	Cici's Pizza -see list	Cici's Pizza -see list	Cici's Pizza -see list	Cici's Pizza -see list
W O K I N	Beef Pad Thai 19.2g Asian Dumplings 16g brown rice 35g , Kyoto Vegetables 9.3g	Honey Sriracha chicken 34g brown rice 35g Oriental Vegetables 2.7g	Orange Chicken 38.4g Stir Fry vegetables 5.3g brown rice 35g ,	General Tso Chicken 36.5g Midori veg. 9.4g Brown Rice 35g ,	Cherry Blossom Chicken 41.7g Kyoto Vegetables 9.3g Brown Rice 35g ,

Carb counts are listed in blue by the food item. Daily selections available w, baby carrots, green salad, beans, and seasonal vegetables.

Broken Arrow Public Schools is an equal opportunity provider and employer.