## BAFA Menu

## Menus subject to change / Students must select a fruit or vegetable to have a complete meal according to federal guidelines Students must take a fruit or vegetable to have a qualifying meal

Monday, April 29	Tuesday, April 30	Wednesday, May 1	Thursday, May 2	Friday, May 3
Cici's Pizza- <u>see list</u>	Cici's Pizza- <u>see list</u>	Cici's Pizza- <u>see list</u>	Cici's Pizza- <u>see list</u>	
Teriyaki Chicken 28g Midori veg. 9.4g brown rice 35g	Honey Sriracha chicken 34g Kyoto veg 9.3g brown rice 35g	Orange Chicken 38.4g, Oriental veg 2.7g Brown Rice 35g	General Tso Chicken 36.5g, Brown Rice 35g Kyoto veg 9.3g	
Chicken Wings 1.7g Hot Roll 25.5g Fresh carrots and celery	Chicken & Noodles 28g Hot Roll 25.5g	Burrito 23.4g Churro Beans 28g	Mac & Cheese 26.5g Cowboy Bread 28.9g Broccoli 4.4g	
Pretzel Burger 30g Spiral Fries	Turkey Ranch Wrap 58g Chips 39.7g Cowboy Caviar 21.9g	Popcorn Chicken 15g WW Roll 25.5g Seasoned Fries 20.2g	Hot Dog 31g Waffle Fries 22.5g	
Pineapple 16.6g	Diced Pears 18.9g	Mandarin Oranges 20.1g	Applesauce 15g	

Daily selections available w, baby carrots, green salad, beans, and seasonal vegetables. Carb counts are listed in blue by the food item.

Broken Arrow Public Schools is an equal opportunity provider and employer.