## BAFA Menu

Menus subject to change / Students must select a fruit or vegetable to have a complete meal according to federal guidelines
Students must take a fruit or vegetable to have a qualifying meal

| Monday, April 29 | Tuesday, April 30 | Wednesday, May 1 | Thursday, May 2 | Friday, May 3 |
| :---: | :---: | :---: | :---: | :---: |
| Cici's Pizza-see list | Cici's Pizza-see list | Cici's Pizza-see list | Cici's Pizza-see list |  |
| Teriyaki Chicken 28 g Midori veg. 9.4 g brown rice 35 g | Honey Sriracha chicken 34 g Kyoto veg 9.3 g brown rice 35 g | Orange Chicken 38.4g, Oriental veg 2.7 g <br> Brown Rice 35g | General Tso Chicken 36.5g, <br> Brown Rice 35g <br> Kyoto veg 9.3g |  |
| Chicken Wings 1.7 g <br> Hot Roll 25.5 g <br> Fresh carrots and celery | Chicken \& Noodles 28g Hot Roll 25.5 g | Burrito 23.4 g Churro Beans 28g | Mac \& Cheese 26.5 g Cowboy Bread 28.9 g Broccoli 4.4g |  |
| Pretzel Burger 30g Spiral Fries | Turkey Ranch Wrap 58g Chips 39.7g <br> Cowboy Caviar 21.9g | Popcorn Chicken 15g <br> WW Roll 25.5 g <br> Seasoned Fries 20.2g | Hot Dog 31g <br> Waffle Fries 22.5g |  |
| Pineapple 16.6 g | Diced Pears 18.9g | Mandarin Oranges 20.1g | Applesauce 15g |  |

Daily selections available w, baby carrots, green salad, beans, and seasonal vegetables.
Carb counts are listed in blue by the food item.

