Elementary Lunch Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

Monday, April 1	Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5
1. Hot dog 31g, tots 14.1g	1.Beef fingers16g, mashed potatoes	1. Pizza <u>See List</u> , green beans 5g	1. Chili 13.1g, Mini Cini 40g	Virtual
2. Turkey wrap 29g	11g, gravy 7.7g, hot roll 14g,	2. Bento Box 62.5g	2. Cheese stick 34g, marinara sauce	Day
Broccoli 4.3g	2. Cheese Quesadilla 32g	Orange Wedges 10.6g	6.5g	
Peaches 18.1g	Baked Beans 36.2g		Carrots 8.7g	
	Pineapple 16.6g		Mandarin oranges 20.1g	
Monday, April 8	Tuesday, April 9	Wednesday, April 10	Thursday, April 11	Friday, April 12
No	1. Hamburger 28g/ cheeseburger 29g.	1. Pizza <u>See List</u>	1. Spaghetti 34g & sauce 7.8g, garlic	Chicken nuggets 16.3g
	Waffle fries 22.5g	2. Turkey & cheese sandwich 32.2g	bread 15.6g	Tots 14.1g
School	2. Cheese Quesadilla 32g		2. Chicken filet sandwich 38.8g	Roll 14g
	Green Beans 4.9g	broccoli 4.4g	Roasted broccoli 7.6g	Mandarin oranges 20.1g
	applesauce 15g	Pears 19g	Peaches 18.2g	
Monday, April 15	Tuesday, April 16	Wednesday, April 17	Thursday, April 18	Friday, April 19
1. Grilled Cheese 35g, Steamed Carrots	1. Salisbury Steak 4g	1. Pizza See List, black-eyed peas 32.1g	1. Chef Choice	Chicken nuggets 16.3g
8.7g	2. chicken drumsticks 2g	2. Bento Box 62.5g	2. Chicken Filet Sandwich 38.7g	Tots 14.1g
Orange Chicken18.1g, Oriental veg	Mashed potatoes with gravy 11g	Peaches 18.1g	Broccoli 4.3g	Roll 14g
2.7g, brown rice 17.5g	Green beans 3.3g Blueberry squares 30.4g		Mixed Fruit 17.8g	Mandarin Oranges 20.1g
Peaches 18.1g	Rosy applesauce 14.9g			
Monday, April 22	Tuesday, April 23	Wednesday, April 24	Thursday, April 25	Friday, April 26
1. Chicken & cheese quesadilla32g,	1. Hamburger 28g /cheeseburger 29g	1. Pizza See List	1. Mac & Cheese 26.5g, Cowboy Bread	Chicken nuggets 16.3g
black beans 22.6g	Crinkle fries 15.9g	2. Turkey & cheese sandwich 32.2g	29g,	wedges 7.5g
2. Chicken Fried Steak sandwich 39g	2. fish nuggets 23g, Crinkle fries 15.9g	Carrots 8.7g	2. grilled chicken sandwich 28g, waffle	Roll 14g
Mixed fruit 17.8g	Green beans 4.9g	Pineapple 16.6g	fries 22.5g	Peas 6.2g
	Rosy applesauce 14.9g		Peaches 18.1g	Jonny Pops 11g
			broccoli 4.4g	Fresh Fruit
Monday, April 29	Tuesday, April 30	Wednesday, May 1	Thursday, May 2	Friday, May 3
1. Hot dog 31g, tots 14.1g	1.Beef fingers16g, mashed potatoes	1. Pizza <u>See List</u> , green beans 5g	1. Chili 13.1g, Mini Cini 40g	No
2. Turkey wrap 29g	11g, gravy 7.7g, hot roll 14g,	2. Bento Box 62.5g	2. Cheese stick 34g, marinara sauce	
Broccoli 4.3g	2. chicken & Cheese Quesadilla 32g	Pears 19g	6.5g	School
5 1 404	Baked Beans 36.2g		Carrots 8.7g	
Peaches 18.1g				

This institution is an equal opportunity provider and employer

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Daily Meals

- A variety of seasonal fruits and veggies are served daily. Apples, salad, baby carrots, and broccoli are offered most days.
- Students must choose 3 food groups, one being fruit or veggie to qualify for reimbursable meals per federal guidelines.
- Carb Counts are listed in blue.
- Menus are subject to change without notice due to item availability and utilization at each school site.