

Sequoyah Middle School Parents/Guardians:

The Tulsa City-County Health Department will be providing the “*Making A Difference! An Abstinence Approach to Prevention of STDs, HIV and Teen Pregnancy*” curriculum to 7th grade students. This 10-session, evidence-based curriculum will provide students with the knowledge, confidence, and skills necessary to reduce their risk of sexually transmitted diseases (STDs), the Human Immunodeficiency Virus (HIV), and pregnancy by abstaining from sex. The curriculum will be taught by trained educators from the Tulsa City-County Health Department.

To reduce STD/HIV and pregnancy risk-related behaviors, young adolescents need not only knowledge and perception of personal vulnerability, but also positive attitudes and beliefs regarding abstinence, abstinence negotiation skills, and confidence in their ability to abstain from sex. The *Making A Difference!* curriculum is designed to meet those needs.

The goal of *Making A Difference!* is to empower young adolescents to change their behavior in ways that will reduce their risk of becoming infected with HIV and other STDs and their risk for pregnancy. Sessions on healthy relationships, adolescent development, and healthy life skills will also be addressed in addition to the curriculum for the enhancement of the program.

Student participation is voluntary and confidential. Whether or not the student participates in the *Making A Difference* curriculum, his or her course grade will not be affected. You can elect to remove your child from this program at any time.

You are welcome to preview the *Making A Difference!* class materials and meet the instructors at **Parent Preview Night on Thursday, Sept 14 at 4:00 pm in the Media Center.**

If you are unable to attend or have other questions please contact:

Name and Title: Leslie Mace
Phone Number: 918-259-4370
Email Address: lmace@baschools.org

If you would like for your child to participate, please sign and return this form.

I, _____, give permission for my child, _____,

to participate in the *Making A Difference!* program at Sequoyah Middle School.

Parent Signature

Date