FRESHMAN ACADEMY **WEEK #2**

	OCTOBER 30	**OCTOBER 31**	**NOVEMBER 1**	**NOVEMBER 2**	**NOVEMBER 3**
Entrée/Choose One: Cici's Pizza ,Subway , and Salad Bar offered daily	--Spaghetti42.56/Meat Sauce6.54, Garlic Bread27.29 Premium Chicken Filet Sandwich14 Waffle Fries24.75 Chicken Chunks25, WW Roll29 Waffle Fries 24.75 Chef Choice Asian Brown Rice 35 Stir Fry Veggies 4	Cheeseburger Calzone 38.32 --Corndog Nuggets26.22 Seasoned Fries20.21 --Spicy Chicken Sand. Seasoned Fries20.21 --Cherry Blossom Chicken52.80, OR Broccoli Beef 31.52 Brown Rice35 Midori Veggies9.34	--Philly Flatbread34.27 --Premium Chicken Strips19.42, WW Roll29 , Mashed Potatoes21.95/gravy6 --Sweet Thai Chicken39.76\OR Gen Tso Chicken51.10 Rice35 Oriental Veggie2.67 --Hamburger28 / Cheeseburger29 Baked Fries18.22	Super Nachos25.62, Mex. Rice 21.50 --Chicken Nuggets8.93, WW Roll25.46 Potato Wedges14.92 Hamburger28/Cheeseburger29 Potato Wedges14.92 --New Orleans Chicken 28.10 OR Orange Chicken 50.30 Rice35 Stir Fry Veggies2.67	Beef Fingers19.38 WW Roll29 Mashed Potatoes 21.95 /gravy6 Chicken Chunks25, WW Roll29 Spiral Fries14.17 Chicken Sandwich Spiral Fries14.17 Chef Choice Chicken OR Teriyaki Chicken 28.10 Rice35 Kyoto Veggies9.34
Fruit and Veggies *Apples, baby carrots & green salad offered daily*	Steamed Peas 12.36 Diced Pears 18.92 Craisins 33	Baked Beans21.98 Cherries 15.79 Apple Wedges 20.60	Diced Steamed Carrots 2.45 Strawberries13.36 Peaches18.14	Cherry Tomatoes 2.90 Refried Beans 19.10 Grapes7.89 Mandarin Oranges20.11	Green Beans4.92 Watermelon5.74 Kiwi10.12

Check out our mobile cart located close to the commons. Quick grab and go lunch items, beverages, snacks available during lunch.

All meals come with choice of milk.
Students must select a fruit or vegetable in order to have a complete meal according to federal guidelines.
A selection of boxed cold lunches offered daily.
Salad bar now available across from center kiosk in the cafeteria
Menus subject to change

Broken Arrow Public Schools is an equal opportunity provider and employer.