

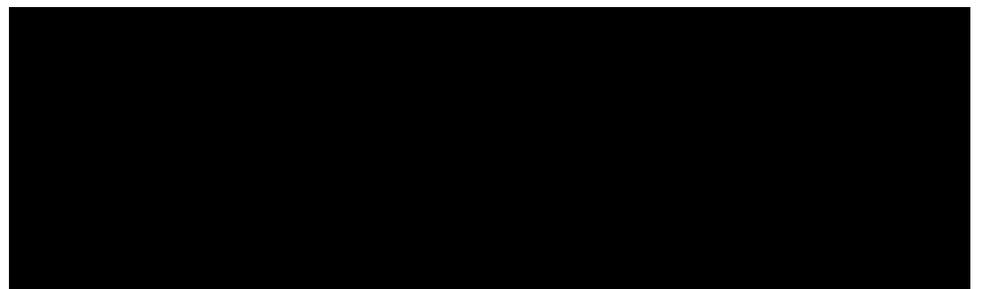
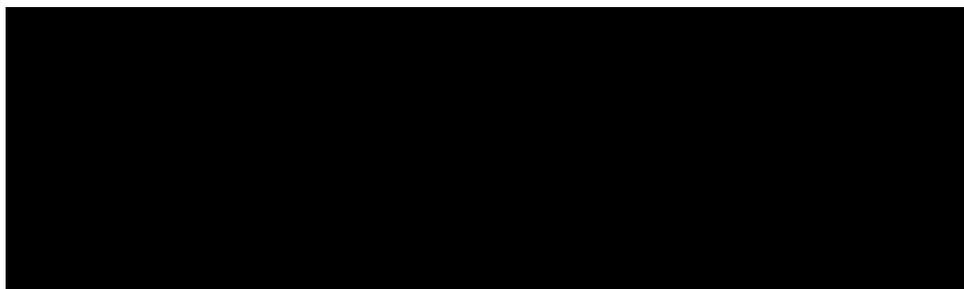
THE ARROW

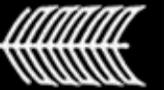
VOLUME 1

ISSUE 7



More than 30 student athletes sign letters of intent





Signing their life away

by Brittney Chism

On Feb. 4 thousands of athletes from all across the nation committed to their college; in Broken Arrow alone there were over 30 athletes that committed to their school of choice.

National Signing Day is a huge day in any high school athlete's career. These athletes have trained their entire life for this moment in hopes of being recruited to the school of their dreams.

"I was so excited to sign with the University of Missouri - Kansas City because I committed two years before signing," senior Maegan Rollow said. "I love everything about UMKC and can't wait to play there."

Every sport, from football to swimming was represented at the event, which was held in the Varsity Club. While some students verbally commit to their school before the actual day other schools require athletes to

sign as a precursor to National Signing Day.

"It's always an exciting day seeing all of these players sign their letters of intent to continue their careers. I'm very proud of all of them," football coach David Alexander said.

The press is a very large part of National Signing Day. Dozens of news outlets came to this event to interview the newly signed athletes.

"Signing Day was great to be a part of," senior Frankie Gump said. "It was amazing seeing all of my classmates that I've known for a while have the opportunity to continue their athletic careers at the collegiate level. It was just a great atmosphere. I can't wait to spend the next four years playing basketball at the University of Great Falls."

Now that the athletes have committed to their future they're enjoying their last days as a high school student before they take on their new jobs as NCAA athletes.



PHOTO BY BRITTNEY CHISM

Senior Breonna Barker is interviewed by Channel 8 after signing her letter of intent to swim at the University of Kansas in the fall.

Why did you choose your college?



"I picked Wesleyan because everyone was friendly and the coaches were very nice too."

Keaton Brown, 12



"I loved the campus, coaches, and the atmosphere at ECU. I knew immediately it was where I wanted to go."

Caitlin Paolini, 12



"It just felt right for me."

Harrison Whitworth, 12



"I loved the campus, and the team feels like family."

Breonna Barker, 12

Baseball

Harrison Whitworth, Fort Scott Community College
Jesse Gall, Highland Community College

Basketball

Frankie Gump, University of Great Falls

Cross Country

Jared Haltom, Missouri Southern State University

Softball

Hannah Heinrichs, Missouri State University
Anna Wheeler, Southwest Oklahoma State University
Caitlin Paolini, East Central University
Maegan Rollow, University of Missouri at Kansas City
Alexa Romero, Western Oklahoma State College
Taylor Johnson, Oklahoma Wesleyan
Hannah Reed, Neosho County Junior College
Ashley Watts, Northern Oklahoma Junior College
Erin Skinner, Lindenwood University
Marisa Jervis, Coffeyville Junior College
Michelle Sheppard, Paris Junior College TX

Swimming

Breonna Barker, University of Kansas

Wrestling

Davion Jeffries, University of Oklahoma
Markus Simmons, Iowa State University

Boys Soccer

KB Harris, Rogers State University
Keaton Brown, Oklahoma Wesleyan

Girls Soccer

Sierra Beall, Oral Roberts University
Hannah Arning, Oral Roberts University
Tiffany Jones, Emporia State University
Courtney Broughton, Northern State University
Alanah Martin, Northeastern State University
Tayler Stover, Rogers State University

Golf

Shannen Stewart, Oklahoma Baptist

Football

William Wampler, William Penn
Nick Jackson, William Penn
Markale Moses, South Dakota University
Cody Harris, NEO
Michael Ott, William Penn

Fundraising for water in Africa

by Abigail Yang

At Broken Arrow Public Schools there are a variety of clubs that students join. Most clubs are an assortment of students and an expression of volunteer work. Club Interact is an organization that is involved with Rotary Club. This year the group is raising money for clean drinking water in Africa.

"Club Interact is a great way to get involved with the community and school," senior Addison Wimpee said.

The group was created because there wasn't a Rotary Club at Broken Arrow. The group has now expanded to over twenty members. The club sponsor is Law and Personal Financial Literacy teacher Destiny Corbin; the president of the club is currently Addison Wimpee.

"It's great being a part of the club," sophomore Blayze Byrd said. "It's given me an opportunity to connect with other members and become involved with the community."

Club Interact began this cause because of a leadership camp called RYLA. RYLA is a camp that helps juniors find their strengths and weaknesses of leadership. Using RYLA, Rotarians can drop students off at

camp and collect money for this cause. The Interact group's fundraising goal is \$5,000 for a well.

"I feel like this is one of the biggest fundraising activities this year involving the Club Interact because it's the first year of the club," senior Sami Lynn said.

The club is also collaborating with Fort Lauderdale, FL and the community in Kenya. The organization is still currently deciding on how they are raising the money but have contacted other Rotary clubs. Decisions on raising money will be determined through group meetings. Club meetings are every two weeks on Wednesdays during fourth hour. For more information to donate money for clean drinking water in Kenya, go to flrotaryclubwaterprojects.org.



PHOTO BY SHANNON LANDREVILLE
Officers Cortni Risley, Sami Lynn, Addison Wimpee, and teacher Destiny Corbin lead Club Interact.

Live, love, read

by Ally Coldwell

Diana Phillips is a pre-AP English sophomore teacher at Broken Arrow High School. She is the head of the English department and this is her tenth year teaching. Phillips has taught freshmen and sophomores; she currently has sophomores only.

"I chose to teach English because of my love of reading," Phillips said.

Phillips has known that she wanted to teach since she was in elementary school. She used to play "school" when she was younger, using her old workbooks to teach her toys everything she knew.

"My dolls and stuffed animals received an excellent education," Phillips said. "I even asked for a podium for Christmas one year," Phillips said.

Phillips says she started teaching because she wanted to make a difference. She holds her students to high standards because she wants the best for them. Even though her class can be challenging she still tries to make her lessons fun and interesting.

"Laughing with my students- even if it is at myself, which is most of the time- is one of my favorite parts of teaching," Phillips said.

One of Phillips's favorite activi-

ties is reading. Her favorite book is *To Kill a Mockingbird*, and that also happens to be her favorite lesson to teach. She also enjoys listening to her records on her record player and spending time with her family and friends.

"I have the best husband ever," Phillips said.

Phillips is dedicated to helping students learn and grow in knowledge and character.



PHOTO BY BRITTNEY CHISM
Sophomore English teacher and English Department Head Diana Phillips helps a student.

Food for generations

by Kelly Johnson

A group of students and teachers here at Broken Arrow High School have committed their time to a group called Lemelson MIT InvenTeam. This team won a grant from MIT for their proposal to develop a sustainable, indigenous, low cost fish food to take to an orphanage located in the Tharaka region of Kenya.

Donna Gradel, an environmental science teacher, started this team to continue the work she and a few past students had already accomplished. The students in the past created an aquaponics system at the orphanage. The fish ponds that this system includes contain the tilapia that have helped the orphanage, but they still have problems.

"These children have to worry about getting enough protein to live. This is something we take for granted every day," senior Tram Le said. "It feels incredible to be able to help create a source of protein that will provide for the

orphans for generations to come."

To combat the high cost of fish food, the team has come up with a formula for a high protein, indigenous, low cost food. The team is planning to use meal worms and algae as the main ingredients to the fish food.

"We choose algae and mealworms to be the main components of the fish food because they are high protein, indigenous to the area, and already part of tilapia's natural diet," junior Karina Jarzen said.

The team consists of 14 students of all grades here at the high school. All the students on the team were hand chosen and each brings their own set of skills to the team.

"It's really important when we spend so much time working together that we set aside time to make sure we have fun too," senior Libby Smith said.

The Lemelson MIT InvenTeam is doing great work this year that not only gives them real life experience in the research field, but also betters the lives of many across the world.



PHOTO BY KELLY JOHNSON
Senior Emily Bertrand sorts pupae and worms. The worms will eventually be used as part of the food for fish in Africa.



Librarians are people too

by Meagan Shrader

Our librarians, Sherri Hare, Kim O'Brien, and Nancy Remus, work very hard to keep our library running efficiently. With 20,000 books available to the school, the library must maintain a quick process that helps everyone get what they need, be it for a research project or a personal goal.

"We love to read. We like big books, and we cannot lie," Hare said.

Because our librarians enjoy libraries and learning so much, some of their favorite things about their jobs include inspiring people to read, talking to students about books and helping students find books that will never be forgotten.

In addition to helping students, the librarians' favorite thing about the library itself is the huge, floor-to-ceiling windows that overlook 61st street and let in the natural sunlight.

"The best part of being a library aide is helping students find books and suggesting which books are good," student aide Jaria Vue said.

Although our librarians are adept at managing the library's many facets, student aides help when books need shelved or students need to check out a book. Student aides are, essentially, an extension of the librarians. Julie Stinchcomb also agrees that helping students is a very impor-

tant part of her job as a library aide.

"I love the library because it's a place of solace," senior Hailey Smith said. "You can relax and read a book or study for an upcoming test. It's a quiet environment, so you don't have to worry about disturbances."

Students go to the library to enjoy their free time in a quiet, safe place, and our librarians work very hard to maintain that environment for the students every single day.



PHOTO BY MEAGAN SHRADER
Librarian Kim O'Brien works to keep the shelves in the library tidy.

Student doctors for athletes

by Alex Sams

Broken Arrow has many sports, and athletes always have a chance to be injured while participating. The student athletic trainers are the on-site "doctors" that help the athletes do therapy and injury-oriented workouts and prepare for their performances.

Student Athletic Training is a class at the end of the day where a number of girls and boys go to the gym training rooms and supervise athletes working out and help any previously injured athletes. The athletic trainers tape, ice, and use a 'stem' machine to help the athletes.

"Athletic training was one of the best experiences of my high school career," trainer alumna Sarah Sellers said.

The trainers all work together as a team, and make long-lasting friendships. After being together in a room every day after school, they look after each other and defend each other at all costs.

"My favorite part about training is becoming really great friends with all the athletes and helping them," senior Jessica Carter said.

It helps to have trust in the people who help if an injury occurs, and the athletes and trainers definitely have a great friendship with each other. Athletes and trainers bond and build

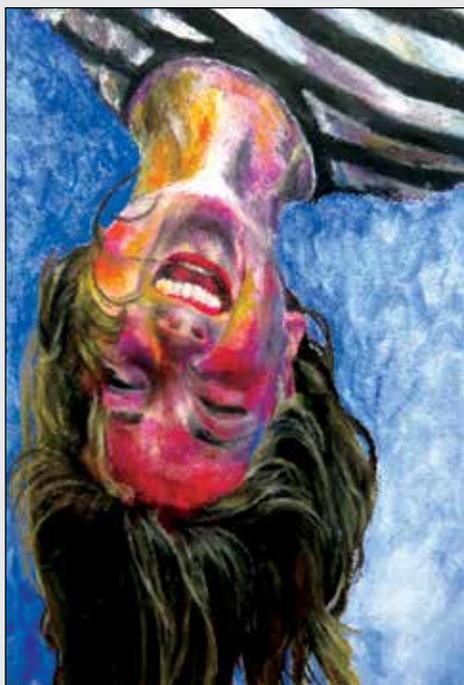
better relationships with every practice, game, or meet.

"When I went into the training room to get an ice bath, it was way after practice and all the trainers were in there," senior Gabe Sams said. "Everyone acted like a family and joked around together."

The athletic trainers are present at every athletic event, rain or shine. They get at least three sports a year, switching off whenever the season ends. The athletic trainers can be found every day in the training rooms until the last athlete leaves, always ready for anything.



PHOTO SUBMITTED
Senior Maggie Pembrook dresses an injury during a football game.



THE STUDENT SCOPE

An aspiring artist

by Jessica Laughlin
and James David Nold II

Junior Rebecca Atherton is considered an artist by not only herself and her teacher, Mr. Rob Brown, but also by her peers. Atherton is enjoying the opportunity to create artwork in AP studio art this year.

This piece of a girl hanging upside down is entitled "Energy." "Energy" was created using oil pastels.

"The assignment was to do an expressive self-portrait;

my mane radiates energy in the form of happiness. I thought, 'What makes me laugh?' The answer was my dad holding me upside down," Atherton said.

Atherton says her favorite principal of art is form. Form is when a shape uses two-dimensional space so that it can be defined with edges.

"Mr. Brown says form makes you see things from a different point of view," Atherton said.

According to Brown there are three things that make someone a successful artist: talent, perseverance, and imagination. A lack of talent makes doing something incredibly difficult. The perseverance to work hard and the imagination to create great things are vital in the creative process.

"Rebecca is incredibly talented and very determined. She knows the keys to being successful and can do great things," Brown said.

After high school Atherton plans to become a doctor. Art is very important to her and serves as a creative outlet, which is why she plans to keep it a hobby throughout her life.

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