

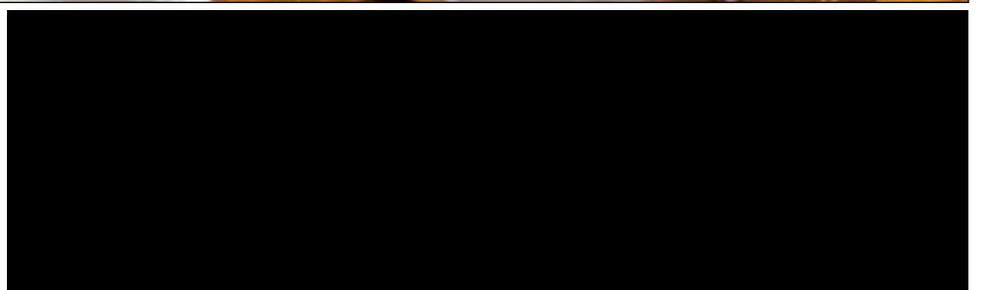
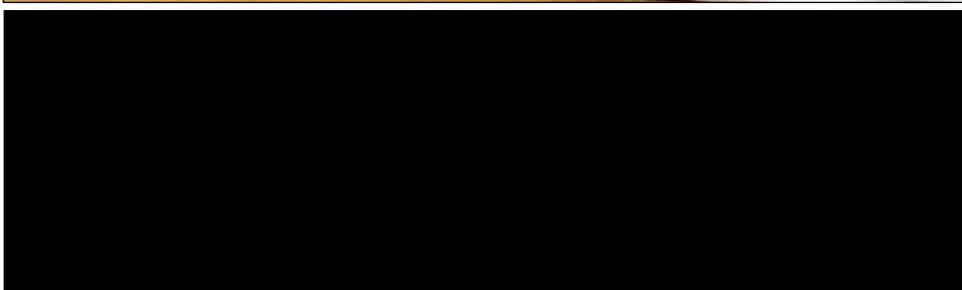
THE ARROW

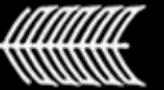
VOLUME 1

ISSUE 5



STRESS - HOW TO FIND RELIEF





Stressed to the max--

Students conquer the end of the year

by Brittney Chism

As 2014 draws to a close, so does the first semester of the school year. For students this means a relaxing two week vacation from school, but first they have to conquer the dreaded semester finals. For many this means long hours of studying and multiple trips to coffee shops. Finals aren't the only things about high school that are stressful, especially for seniors and their upcoming experiences of college.

"It seems like now a days stress and high school go hand-in-hand," senior Dia Delso said, "being in show choir and multiple clubs around campus makes me feel as though I have to be in three different places at once."

With colleges putting so much pressure on young people to be super involved in their community, it is hard to not become stressed out. The ideal student for a college would be a straight A student who is involved in leadership, athletics and

does ample amounts of volunteer work for their community.

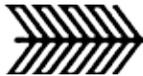
"As a senior with two jobs, multiple extracurricular activities, AP classes, and just normal stresses like my family and future, I find that time is going by so fast and things still don't seem to be getting done," senior Erin Tabberer said.

With all of life's stresses it's easy to get caught up in the little things. Students relieve stress in many ways like playing sports and video games, writing or just going to a quiet place and getting some needed alone time.

"I am looking forward to break so that I can spend time with my parents," junior Eliazar Villalva said. "They are fun to be around."

During this stressful time of the year with finals looming, it is important for students to relax and enjoy time with their families. With all of the stresses of the holiday season, taking this two week break to relax after 2014 and prepare for the next semester is an important thing to do.

WHAT DO YOU DO TO RELIEVE STRESS?



"I relieve stress by sleeping and relaxing at home."
Bree Lee, 11

"I like to play basketball to help with stress."
Zandrew Banner, 12



"Drinking hot tea always makes me feel better."
Amber Zwahlen, 10

Rhema's remarkable Christmas traditions

by Autumn Jones
and
Meagan Shrader

Over two million lights will be used at Rhema Bible Church this Christmas season in their breathtaking annual celebration, which is expected to attract more than 200,000 people from Oklahoma and the surrounding states.

"We love our community and want to do something for everyone to enjoy," Pastor Kenneth Hagin said.

Since its humble beginning in 1982 with 60,000 lights, Rhema's Christmas display has become a huge local attraction, and also something that people from Arkansas, Kansas, Texas and even Missouri enjoy each year.

The lights were turned on Thanksgiving Eve during channel 6's news broadcast; it was also featured on ESPN. They will be on every night through New Year's Day from 5:30 to 11:30 p.m. and admission is always free.

Rhema's Christmas lights dis-

play is designed to provide a safe haven for teenagers and families where they can enjoy the Christmas season.

"We want to give back to the Broken Arrow community," Hagin said.

New this year is a huge, 14-foot tall tree surrounded by smaller, brightly lit metal trees; it is being called a "Christmas tree forest." Of course, the centerpiece of the incredible display will be the Rhema Park Bridge.

Patrons can enjoy concessions, horse and buggy rides, hot chocolate and pictures with Santa. Proceeds from the latter two are used to fund mission trips.

A Family Pack of passes for carriage rides, which includes up to two adults and five children, costs \$25; otherwise, carriage rides are \$10 for adults and \$5 for children.

Visitors are encouraged to donate money for more LED lights next year online, by text or by way of a donation box on campus after visiting.



PHOTOS BY AUTUMN JONES

Rhema Bible Church's holiday light display never fails in awing visitors from all across the state.



PHOTO FROM PJGAMERS.COM

PJ Gamers unites gamers

by David Nold

PJ Gamers is a great place for students to spend their free time. PJ Gamers is a card shop that has food, classic arcade games, computer games, heat and a great community of people.

"PJ Gamers offers a well-built establishment filled with a friendly community of many age groups," senior Paul Castro said.

PJ's has a whole room of classic arcade games including Star Wars, Mario Brothers, Mortal Kombat and others.

If patrons prefer computer games, however, they can find an entire room dedicated to computer gaming.

Sometimes PJ's has video game tournaments, which gamers can enter at the door. Some of these tour-

naments include Super Smash Bros. and Call of Duty.

Those who prefer to play board games will find that friends can sit down and play Dungeons and Dragons for free.

Gamers looking to play Magic the Gathering can always find plenty of people ready to play.

"Even if you've never played any of these, you'll always find someone more than willing to teach you," said Castro.

PJ Gamers is open from 12 p.m. to 10 p.m. on Mon-Thurs, 10 a.m. to 3 a.m. on Fridays and Saturdays and 12 p.m. to 10 p.m. on Sundays. It is located at 3329 S Elm Place behind Sonic and next to Playtime+.

For more information on PJ Gamers, visit their Facebook page under "PJ Gamers LLC."

Holiday shopping for gamers-- Deals and steals

by Sean O'Neal

With the holidays around the corner and a lot of new games being released, retailers are offering great holiday deals on both next-generation gaming consoles and the games themselves.

Console deals such as the Xbox One Assassin's Creed Unity Bundle that includes an Xbox One with both Assassin's Creed Unity and Black Flag games is going for \$349.99 at Amazon.com. More next-generation offers include offers from GameStop for the new PlayStation 4 bundle for only \$399.99, which includes the PS4, GTA V, The Last of Us and a PS4 camera. GameStop is also offering the Super Mario 3D World Wii U bundle, which includes a Wii U console, Super Mario World 3-D and Nintendo Land for \$299.99.

After finals, students can be ex-

pected to be going out and taking advantage of deals for games such as the Best Buy "buy one, get one half off" deal or Target's "buy two, get one free," deal.

"I will definitely be shopping the holiday sales," senior Ryan Weaver said. "Far Cry is the game that is at the top of my list for my PS4."

While video game fans are excited about those sales, many of BAHS's PC gamer population wait anxiously for the Steam holiday sale, which will give students 50%-75% off their favorite games.

"I can't wait to see prices on my favorite PC games drop on Steam," sophomore James Bennett said. "I can't wait to buy Far Cry for my PC."

Needless to say, this finals season will be filled with more gaming than it should be thanks to the wonderful deals offered during the holiday season.

Wrapping for a cause

by Meagan Shrader

Students participated in a Christmas wrapping paper drive from Nov. 24 to Dec. 5 sponsored by FCCLA. First period classes collected new, sealed rolls of wrapping paper as well as bows, curling ribbon and tape.

These items supply 60 Tulsa families who are battling childhood cancer or have a child who has beaten cancer or are angel families in need of toys, which of course need to be wrapped, for their children.

"We want to support families who are struggling with childhood cancer. Collecting wrapping paper will help with some of the cost to come with the holidays," said FCCLA teacher Janie Cook.

The organization hosting this drive, Families Fighting Childhood Cancer, is provided by Oklahoma Family Network, which brings families who have had a child diagnosed with cancer together to learn how to care for their child and strengthen their community. FFCC's goal is to give families a bond so that no one family has to battle cancer alone, without a close group for support.



PHOTO BY NOAH MULLINS
Senior Autumn Jones contributes to the FCCLA Wrapping Paper Drive, which benefits Families Fighting Childhood Cancer.

Holiday traditions

by Noah Mullins

Broken Arrow High School is becoming filled with holiday spirit. The holiday season is full of happy greetings and good will.

Student activities like bell ringing for NHS, the wrapping paper drive for FCCLA and the mitten and glove drive for choir all support the cheer of the holiday season.

Students are preparing for the soon approaching end of semester. After all the finals everyone will be on break and the holiday season will be in full effect.

There is a variety of things that students do during the holidays. Traditions like gathering with family and enjoying great food are a popular pastime for this time of year.

"My favorite part about the holiday is getting presents, seeing my family, and sometimes snow," sophomore Kailee Sharp said.

The holiday season is not only contained to Broken Arrow. Students have family that live all over the world, and during the holiday season many travel miles to spend time with their family. Students are traveling to places inside the U.S. too.

"For the holidays my family and I usually travel to Norman and occasionally drive to Minnesota," senior Angela Hennigan said.

Holiday break begins Dec. 19 and finishes in early January. Students are excited to see family, participate in their annual traditions and hopefully survive the winter weather.



Inspired for Inspire 21

by *Cheyenne Pauls*

Online classes are still a new experience for students, but Inspire classes have been available at the high school for a few years.

There are several course options available: Psychology, Criminology, Gothic Literature, Mythology, Marine Biology, English 11-12 and foreign language classes.

"I took the class because I wanted to see what taking an online class is like," sophomore Dominique Potter said. "One of my favorite things about being in Gothic Literature is that I can work at my own pace and have more freedom in class."

Gothic Literature covers many different authors and their works such as Mary Shelley's *Frankenstein*, Robert Louis Stevenson's *Jekyll and Hyde* and Bram Stoker's *Dracula*.

Poetry is a big part in Gothic literature as well, and includes Alfred Noyes' "The Highwayman", Robert

Browning's "Porphyria's Lover", Gottfried Bürger's "Lenore" and many of Poe's works.

"Psychology is fascinating to me and being able to take it online is a wonderful opportunity to explore the basics of the class," senior Meagan Shrader said.

Psychology is a semester-long course that has five modules that discuss psychological theories, human development, thinking processes, language development and psychological disorders and their treatments.

"One of the reasons I am taking criminology is because I hope to one day be a crime investigator or a detective, and I believe that this class will be beneficial," senior Maddie George said.

Students interested in taking an Inspire 21 class can visit the BAHS website and click the Inspire link to find the requirements and paperwork needed to enroll.

Join FCCLA, get involved

by *Chelsea Luiz*

Future Community and Career Leaders of America, known as FCCLA, is a collaboration of students and teachers.

With a motto of Towards New Horizons, they represent a worldwide program.

FCCLA encourages participation in service projects and learning cooperation.

"FCCLA is an awesome student organization that gives opportunities for community involvement, competitive events, and school involvement," said sponsor Jan Cook.

This organization teaches responsibility, leadership and consumer sciences. This club opens doors to new activities and provides the chance to make new friends.

"FCCLA is a fun, friendly club where everyone can come together, be leaders and work as a group for our community," said senior Summer Griffin.

The program members interact with each other by attending field trips and meetings. Their past field trip they attended the TCC campus.

They discussed foster children and even had a guest speaker who had grown up in those conditions.

"It was really heartfelt and touching!" Summer said.

Anyone can join FCCLA but being in a sponsored class is helpful to members.

Students can visit Fahrion, Schmidt, Brown, Leander, Cook or Taber to submit applications and \$20 membership fees.



PHOTO BY SHANNON LANDREVILLE
Senior BreAnn Scott listens intently during the final FCCLA meeting of the semester.

Painting for Veterans

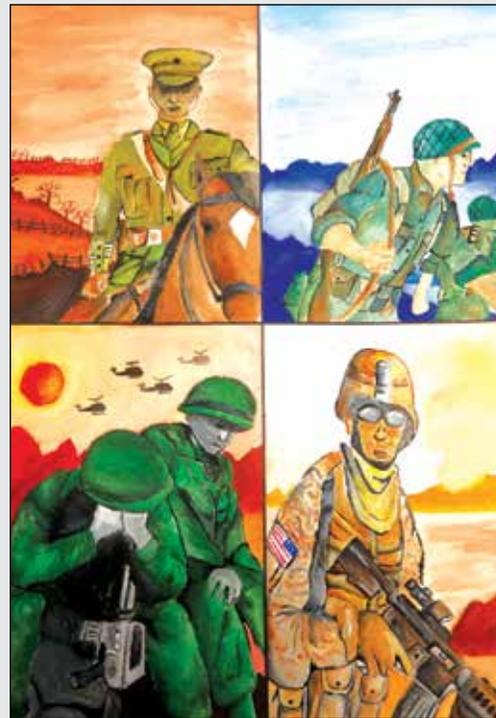


PHOTO BY JOSH BRIXEY

This piece of art was created by junior Huy Nguyen using water color and acrylic paint.

"I was inspired by Veteran's Day," Nguyen said.

Nguyen's creative process involves feeling.

"I just feel it so I draw it," Nguyen said.

Nguyen is a student in Advanced 2D Media taught by Mr. Brown.

This piece can be viewed in the display case outside the art rooms in the main building hallway.

Importance of Pride

by
guest writer
Joel Williams



PHOTO SUBMITTED

Senior Joel Wilson poses with sophomore Elana Aschkenas in Indianapolis after the Pride's final performance of their show at Grand Nationals. Pride placed runner-up nation-wide.

The reason I joined Pride was that in a world of so much hurt and uncertainty I found comfort in the music I played.

I have always loved music, and in Pride the key to success was found in the love of music and hard work.

Pride not only gave my love of music an outlet, but it also brought me into a family that I never knew I needed until I had it.

Pride let me be me, and after all I have been through in the last few years, it was a relief.

Pride enhanced my knowledge of music, showed me how to trust others and how to be the version of me I knew was there all along.

Pride pulled me out when I thought I was lost, and without Pride I wouldn't be the man I am today.

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The Arrow is a student-produced publication produced by the newspaper class of Broken Arrow High School.