

BROKEN ARROW INTERMEDIATE SCHOOLS – JANUARY 25-29, 2010

WEEK #3	MONDAY JANUARY 25	TUESDAY JANUARY 26	WEDNESDAY JANUARY 27	THURSDAY JANUARY 28	FRIDAY JANUARY 29
MAIN LINE \$2.10/S \$2.65/A	Chicken Pot Pie Raw Veggies w/Dip Pears	BBQ Rib Potato Salad Baked Beans Pickle Spear Glazed Apples Corn Bread Muffin	Chicken Strips Mashed Potato w/Gravy Steamed Squash Strawberries Whole Wheat Roll	Chicken Dippers Baked Fries WK Corn Apple Wedges Whole Wheat Rolls	Chicken Fried Steak Mashed Potatoes w/Gravy Peas Mixed Fruit Whole Wheat Rolls
BASKET MEAL \$2.10-2.60S \$2.65-3.15/A	Chicken Nuggets French Fries Raw Veggies w/Dip Pears Whole Wheat Roll	Corn Dog Nuggets French Fries Baked Beans Glazed Apples Whole Wheat Roll	Chicken Strips French Fries Green Salad Strawberries Whole Wheat Roll	Chicken Nuggets French Fries Green Salad Apple Wedges Whole Wheat Rolls	Shrimp Poppers French Fries Green Salad Mixed Fruit Whole Wheat Rolls
HOT SANDWICH MEAL \$2.10/2.60/S \$2.65-3.15/A	NIHS-Chick-fil-A SIHS- Hot Dog French Fries Raw Veggies w/Dip Pears	SIHS-Chick-fil-A NIHS – Hot Dog French Fries Glazed Apples Banana	Hamburger/Cheeseburger French Fries Green Salad Strawberries Whole Wheat Roll	Chicken Filet French Fries Green Salad Apple Wedges	Hamburger/Cheeseburger French Fries Baby Carrots w/Dip Mixed Fruit
CHEF's SALAD BAR \$2.10-2.35/S \$2.65-2.90/A	Lettuce Bowl w/Variety of Fruits & Vegetables Diced Ham Clam Chowder Whole Wheat Roll Crackers	Potato Bar w/Chili Variety of Toppings Glazed Apples Whole Wheat Roll	Lettuce Bowl w/Variety of Fruits & Vegetables Diced Turkey Black Bean Soup Whole Wheat Roll Crackers	Taco Salad Bar w/Toppings Apple Wedges Whole Wheat Roll	Lettuce Bowl w/Variety of Fruits & Vegetables Tuna Salad Chicken Noodle Soup Whole Wheat Roll Crackers
PIZZA LINE \$2.25/S \$2.65A	Pizza Raw Veggies w/Dip Pears	Pizza Green Salad Glazed Apples	Pizza Green Salad Strawberries	Pizza Green Salad Apple Wedges	Pizza Green Salad Mixed Fruit
MEXICAN LINE	Super Nachos Mexican Rice Green Salad Fruit	Build Your Own Burrito Green Salad Fruit			