

BROKEN ARROW ELEMENTARY SCHOOLS – FEBRUARY 22-26, 2010

WEEK # 1	MONDAY FEBRUARY 22	TUESDAY FEBRUARY 23	WEDNESDAY FEBRUARY 24	THURSDAY FEBRUARY 25	FRIDAY FEBRUARY 26
Break	Strawberries Breakfast Round OR Cinnamon Toast Crunch Whole Wheat Toast Milk	Peaches Egg Omelet Whole Wheat Toast OR Cocoa Puffs RS Whole Wheat Toast Milk	Blackberries Breakfast Pizza OR Honey Nut Cheerios Whole Wheat Toast Milk	Mixed Fruit Biscuit w/Sausage Gravy OR Frosted Flakes Whole Wheat Toast Milk	Juice Blueberry Square Yogurt OR Fruity Cheerios Blueberry Square Milk
K-1	Salisbury Steak, Mashed Potatoes, Gravy OR Turkey & Cheese Sandwich Mixed Raw Veggies w/Ranch Pineapple Milk	Yogurt Parfait Whole Wheat Roll (7043) OR Cheese Stix w/Dipping Sauce Green Salad Strawberries Milk	Chicken Nuggets OR Meatloaf Mashed Potatoes w/Gravy Green Beans Applesauce Whole Wheat Roll Milk	Super Nachos OR Chicken Filet Sandwich Refried Beans Peaches Milk	Hamburger/Cheeseburger OR Fish Sandwich Baked Beans Baked Fries Raspberries Catsup Milk
2-5	Salisbury Steak, Mashed Potatoes, Gravy OR Turkey & Cheese Sandwich, Steamed Broccoli, Green Salad, Mixed Raw Veggies, Ranch, Leaf Lettuce/Tomatoes/ Pineapple Mustard/Mayo Milk & Juice	Yogurt Parfait Whole Wheat Roll OR Cheese Stix w/Dipping Sauce Corn on the Cob, Green Salad, Baby Carrots, Ranch Dressing Strawberries Milk & Juice	Chicken Nuggets, Mashed Potatoes, Gravy, Whole Wheat Roll OR Meatloaf, Mashed Potatoes, Gravy, Whole Wheat Roll Green Beans, Garden Salad, Ranch, Pickled Okra, Applesauce, Catsup, Milk/Juice	Super Nachos OR Chicken Filet Sandwich Refried Beans, Green Salad, Salsa, Celery Stix, Ranch, Tomato, Lettuce, Peaches Milk & Juice	Hamburger/Cheeseburger OR Fish Sandwich Baked Fries Baked Beans, Green Salad, Baby Carrots, Ranch Dressing, Lettuce, Tomato, Raspberries, Mustard/Mayo/Catsup Milk & Juice
B&A SNACK	Trix 1% Milk	Tortilla Chips Cheese Dip Apple Juice	Pudding Cup Chocolate Milk	½ Ham & Cheese Sandwich Orange Juice	Apple Wedges w/Caramel Chocolate Milk