

BROKEN ARROW ELEMENTARY SCHOOLS – FEBRUARY 15-19, 2010

WEEK # 6	MONDAY FEBRUARY 15	TUESDAY FEBRUARY 16	WEDNESDAY FEBRUARY 17	THURSDAY FEBRUARY 18	FRIDAY FEBRUARY 19
Break	NO SCHOOL	Strawberries Pancakes w/Syrup OR Cinnamon Toast Crunch Whole Grain Toast Milk	Peaches Breakfast Burrito OR Lucky Charms Whole Grain Toast Milk	Blueberries Cheese Omelet Whole Wheat Toast OR Honey Kix Cereal Whole Grain Toast Milk	Mixed Fruit Super Donut OR Trix Cereal Whole Grain Toast Milk
K-1		Chicken Nuggets, Mashed Potatoes, Gravy, Green Salad, Ranch OR Chef's Salad w/Turkey Whole Wheat Roll Pineapple Milk	Spaghetti Rings, Garlic Toast OR Hot Ham/Cheese Sandwich OR Fish Sandwich Broccoli w/Cheese Sauce Mandarin Oranges Milk	Soft Taco OR Sloppy Joe Tortilla Chips w/Salsa Refried Beans Apple Wedge Milk	Grilled Cheese Sandwich OR Tuna Salad Sandwich Tomato Soup Cucumbers w/Dip Pears Milk
2-5		Chicken Nuggets, Mashed Potatoes, Gravy, Whole Wheat Roll OR Chef's Salad w/Turkey Glazed Carrots, Green Salad, Ranch, Baby Carrots, Cucumbers, Catsup, Pineapple Milk & Juice	Spaghetti Rings, Garlic Toast OR Hot Ham/Cheese Sandwich OR Fish Sandwich Broccoli w/Cheese Sauce, Caesar Salad, Tomato Wedge, Celery Stix, Ranch, Pickled Corn, Mandarin Oranges Milk/Juice	Soft Taco OR Sloppy Joe Tortilla Chips Refried Beans, Mexican Rice, Shredded Lettuce, Diced Tomatoes, Grated Cheese, Jalapenos, Salsa, Apple Wedges Milk & Juice	Grilled Cheese Sandwich OR Tuna Salad Sandwich Tomato Soup, Black Bean & Corn Salsa, Green Salad, Ranch, Pickled Beets, Baby Carrots, Pears Milk & Juice
B&A SNACK		Rainbow Banana Chocolate Milk	½ PBJ Sandwich Chocolate Milk	Cocoa Puffs 1% Milk	Chef's Choice