

BROKEN ARROW ELEMENTARY SCHOOLS – FEBRUARY 1-5, 2010

WEEK # 4	MONDAY FEBRUARY 1	TUESDAY FEBRUARY 2	WEDNESDAY FEBRUARY 3	THURSDAY FEBRUARY 4	FRIDAY FEBRUARY 5
Break	Strawberries French Toast Stix w/Syrup (8012) OR Cocoa Puffs Whole Grain Toast Milk	Mixed Fruit Biscuits w/Sausage Gravy OR Golden Grahams Whole Grain Toast Milk	Mixed Berries Egg Pattie, Tater Tots Whole Wheat Toast OR Honey Nut Cheerios Whole Grain Toast Milk	Pineapple Pancake & Sausage on a Stick, Syrup OR Trix Whole Grain Toast Milk	½ Banana Chef's Choice Milk
K-1	Chicken Giggles & Chips OR Fish & Chips Biscuit Peaches Catsup Milk	Turkey & Gravy Over Mashed Potatoes OR Pork Chop Baked Sweet Potato Fries Texas Toast Pears Milk	Frito Chili Pie, Green Salad OR Ham Chef's Salad Cinnamon Roll Applesauce Ranch Dressing Milk	Cheese Enchilada OR Grilled Chicken Sandwich Refried Beans Orange Smiles Milk	Salisbury Steak OR Chicken Strips Mashed Potatoes, Gravy Green Beans, Whole Wheat Roll, Strawberries Milk
2-5	Chicken Giggles & Chips, Biscuit OR Fish & Chips, Biscuit Mixed Veggies, Cole Slaw, Baby Carrots w/Dip, Bread & Butter Pickles, Tarter Sauce, Peaches Milk & Juice	Turkey & Gravy Over Mashed Potatoes OR Pork Chop, Baked Sweet Potato Fries, Texas Toast, Steamed Broccoli, Green Salad, Celery Stix, Ranch, Pickled Beets, Pears Milk & Juice	Frito Chili Pie, Cinnamon Roll OR Ham Chef's Salad, Cinnamon Roll WK Corn, Baby Carrots, Ranch, Pickled Beets, Grated Cheese, Applesauce Milk & Juice	Cheese Enchilada OR Grilled Chicken Sandwich Refried Beans, Green Salad, Ranch, Broccoli & Cauliflower, Lettuce, Tomato, Mustard, Mayo, Salsa, Orange Smiles Milk & Juice	Salisbury Steak, Mashed Potatoes, Gravy, Whole Wheat Roll OR Chicken Strips, Mashed Potatoes, Gravy, Wheat Roll Green Beans, Garden Salad, Ranch, Baby Carrots, Catsup, Strawberries Milk & Juice
B&A SNACK	Chef's Choice Apple Juice	Jumbo Chocolate Chip Cookie 1% Milk	Tortilla Chips Salsa Grape Juice	Apple Wedges w/Caramel Chocolate Milk	Kix Cereal 1% Milk