

BROKEN ARROW MIDDLE SCHOOLS – FEBRUARY 1-5, 2010

WEEK #4	MONDAY FEBRUARY 1	TUESDAY FEBRUARY 2	WEDNESDAY FEBRUARY 3	THURSDAY FEBRUARY 4	FRIDAY FEBRUARY 5
MAIN LINE 2.00/S 2.65/A	Spaghetti Green Salad Peaches Whole Wheat Rolls Milk & Juice	Turkey & Gravy Over Mashed Potatoes Green Beans Pears Milk & Juice	Frito Chili Pie Cinnamon Roll Mixed Raw Veggies w/Dip Applesauce Milk & Juice	Chicken Strips (8181) Mashed Potatoes w/Gravy Green Beans Orange Smiles Whole Wheat Rolls Milk & Juice	Chicken Fried Steak Mashed Potatoes w/Gravy Steamed Broccoli Whole Wheat Roll Strawberries Milk & Juice
PIZZA LINE 2.00-2.25/S 2.65/A	Pizza Green Salad Peaches Milk & Juice	Pizza Green Salad Pears Milk & Juice	Pizza Mixed Raw Veggies w/Dip Applesauce Milk & Juice	Pizza Green Salad Orange Smiles Milk & Juice	Pizza Green Salad Strawberries Milk & Juice
BURGER LINE 2.00-2.10/S 2.65-2.75/A	Pig in a Blanket French Fries Green Salad Peaches Milk & Juice	Grilled Chicken Sandwich Sweet Potato Fries Green Salad Pears Milk & Juice	Hamburger/Cheeseburger French Fries Mixed Raw Veggies w/Dip Applesauce Milk & Juice	Chicken Filet Sandwich French Fries Green Salad Orange Smiles Milk & Juice	Hamburger/Cheeseburger French Fries Green Salad Strawberries Milk & Juice
SALAD BAR 2.00-2.10/S 2.65-3.15/A	Lettuce Bowl w/ Variety Of Fruits & Vegetables French Onion Soup Diced Turkey Crackers <u>or</u> Whole Wheat Roll Milk & Juice	<i>"Pasta Bar"</i> Green Salad Pears Whole Wheat Rolls Milk & Juice	Lettuce Bowl w/Variety of Fruits & Vegetables Diced Ham Potato Soup Crackers <u>or</u> Whole Wheat Roll Milk & Juice	<i>"Build Your Own Burrito"</i> Orange Smiles Milk & Juice	Lettuce Bowl w/Variety of Fruits & Vegetables Tuna Salad, Cottage Cheese Vegetable Beef Soup Crackers <u>or</u> Wheat Roll Milk & Juice